

Blood of Jesus, wash me.
Jesus, make me thus Thine own,
Here and in the world to come. Amen.

SPIRITUAL COMMUNION

*When it is impossible to attend Mass and
to make a sacramental Communion.*

IN the Name ✠ of the Father, and of the
Son, and of the Holy Ghost. Amen.

L ORD! I cannot seek thee
On thine altar throne,
Yet I may receive thee,
Weary and alone;

When, before thine altar,
Crowds adoring kneel,
There in very essence,
Thou dost come to heal.

Far from Priest and altar,
Christ, to thee I cry,
Come to me in spirit,
Let me feel thee nigh,

In my silent worship,
Let me share the feast,
Be thy love the altar,
Be thyself the Priest. Amen.

O MOST blessed Saviour, in union with the faithful at every altar of thy Church where thy blessed Body and Blood are being offered to the Father, I desire to offer thee praise and thanksgiving, I present to thee my soul and body with the earnest wish that I may always be united to thee. And since I cannot now receive thee sacramentally, I beseech thee to come spiritually into my heart; I unite myself to thee and embrace thee with all the affections of my soul. Amen.

✠ COME, Lord Jesus, and dwell in my heart.

Anima Christi

SOUL of Christ, sanctify me.
Body of Christ, save me;
Blood of Christ, inebriate me;
Water from the side of Christ, wash me;
Passion of Christ, strengthen me;
O good Jesu, hear me;
Within thy wounds hide me;
Suffer me not to be separated from thee;
From the malicious enemy defend me;
In the hour of my death call me,
And bid me come to thee.
That with thy Saints I may praise thee
For ever and ever, Amen.